



# Kinetic Arts Center Fall Schedule 2010 (as of Sept 15, 2010)

Youth Circus, Fitness & Dance Classes				Class Code
See Reverse for Adult Schedule				
<b>Monday</b>				
Pre-Circus	Slater Penney	2yrs - pre K	10am - 11am	K
Acrobatics (Acro)	Angelo Rodriguez	Youth / Interm-Adv	4pm - 6pm	C
Circus Kids - LEVEL 1	Paula Heather	5yrs - 6yrs	4pm - 5pm	K
Contortion (NEW Time)	Ariana Ferber-Carter	Youth/ Beginner	6pm - 8pm	C
Contortion (NEW Time)	Idanna Zharzhavskaya	Youth / Interm Adv	6pm - 8pm	C
Juggling for Everyone	Tyler Parks	All Ages / All Levels	6:30pm - 8pm	F
<b>Tuesday</b>				
<b>LOOK FOR MORE CLASSES ADDED LATER IN THE SEASON. Some adult classes run simultaneously to youth classes -- you get to take a class while your child takes theirs.</b>				
<b>Wednesday</b>				
Wee Circus (NEW)	Slater Penney	18mo - 2yrs	9am-10am	K
Pre-Circus	Slater Penney	2yrs -pre-K	10am - 11am	K
Circus Kids - LEVEL 1	Cat Bodner	5yrs - 6yrs	3pm - 4pm	K
Circus Kids - LEVEL 3	Slater Penney	9yrs - 11yrs	3pm - 4:30pm	M
Circus Kids - LEVEL 2	Cat Bodner	7yrs - 8yrs	4pm - 5pm	K
Circus Spire - Level 2 & 3	Jaron Hollander	*By Audition Only*	4pm - 6pm	
Circus Kids - LEVEL 1	Slater Penney	5yrs - 6yrs	5pm - 6pm	K
Trapeze (Static), Rope & Tissue	Cat Bodner	Youth / Beginner	5:30pm - 7pm	C
Acrobatics (Acro)	Marina Karadjieva	Youth / Beginner	6pm - 7:30pm	C
Contortion	Idanna Zharzhavskaya	Youth / Interm Adv	6:00pm - 8pm	C
<b>Thursday</b>				
Pre-Circus	Paula Heather	2yrs -pre-K	3:30pm - 4:30pm	K
Circus Spire - 1	Jaron Hollander	*By Audition Only*	4:30pm - 6pm	
Trapeze (Static)	Cat Bodner	Youth / Mixed Level	4:30pm - 6pm	C
Acrobatics (Acro)	Angelo Rodriguez	Youth / Interm-Adv	6pm - 8pm	C
Trapeze (Static)	Staff Instructor	Youth / Mixed Level	6:30pm - 8pm	C
<b>Friday</b>				
Pre-Circus	COMING IN OCT	2yrs -pre-K	4pm - 5pm	K
Circus Kids - LEVEL 1	COMING IN OCT	5yrs - 6yrs	4pm - 5pm	K
Circus Kids - LEVEL 2	COMING IN OCT	7yrs - 8yrs	5pm - 6pm	K
Circus Spire 2 & 3	Jaron Hollander	*By Audition Only*	4pm - 6pm	
Partner Acro	Miguel Balderrama	Youth / Mixed Level	6pm - 7:30pm	C
Trapeze (Static), Rope & Tissue	Jaron Hollander	Youth / Interm-Adv	6pm - 7:30pm	C
<b>Saturday</b>				
Pre-Circus	Paula Heather	2yrs - pre-K	9am - 10am	K
Wee Circus	Gina Gargano	18mo - 2yrs	9am - 10am	K
Circus Kids - LEVEL 1	Paula Heather	5yrs - 6yrs	10am - 11am	K
Circus Kids - LEVEL 2	Paula Heather	7yrs - 8yrs	10am - 11am	K
Circus Kids - LEVEL 3	Gina Gargano	9yrs - 11yrs	11am - 12:30pm	M
Circus Spire - Levels 1, 2 & 3	Jaron Hollander	*By Audition Only*	12Noon - 2pm	
Trapeze (Static)	Cat Bodner	Youth / Beginner	12:30pm - 2pm	C
Trapeze (Static)	Meghan Miller	Youth / Interm-Adv	2pm - 3:30pm	C
Rope & Tissue	Jaron Hollander	Youth / Interm-Adv	2pm - 3:30pm	C
Aerial Hoop	Meghan Miller	Older Youth/ Adult / Beg	3:30pm - 5pm	C
<b>Sunday</b>				
Schedule your next Birthday Party with us - Call 510-444-4800 to book today!				

### Rates - See Class Codes

**( C ) Circus Classes**  
 10 Class Package: \$246.50 (Now a Lower Price)  
**(NEW)** Circus - 5 Class Package: \$130.50  
 Drop In: \$29 / 1.5 hr Classes

**( K ) Circus Classes**  
 10 Class Package: \$150.00 (25% OFF)  
 Drop In: \$20/ 55 - 60 Minute Classes

**( M ) Circus Classes**  
 \$25/ 1.5 hr Classes (Less than Regular C Classes)  
 10 Class Package: \$200.00 (Same Class Length)

**( F ) Fitness, Yoga and Dance**  
 10 Class Package: \$127.50 (Now a Lower Price)  
**(NEW)** Fitness - 5 Class Package: \$67.50  
 \$15/ 1- 1.5 hr Classes

**( O ) Open Gym - Professional & Adult Training**  
 Drop In: \$10.00  
 By Recommendation Only - Independent Training

**Circus Spire Youth Performance Troupe**  
 By Audition Only -- Ages 8 - 18

**Private & Semi-Private Lessons**  
 1 - 1.5 hr Sessions  
 Rates Vary

**Join Our Email List**  
 to get Notices of Classes,  
 Sales and News.

**Visit Us at**  
[www.KineticArtsCenter.com](http://www.KineticArtsCenter.com)  
 For a Complete List of  
 Class Times and Prices

**Register On Line  
 or Call Us at  
 (510) 444-4800**

**Kinetic Arts Center has a very generous  
 make-up policy -- we will not peel classes off  
 your packages until you use them.**

We assume you are coming unless you tell us  
 within 24 hrs of your class. Call us at  
 (510) 444-4800 or go online to withdrawal your  
 enrollment. If you don't, we have to charge you.  
 We do not want to do that; please don't make us.  
 We'd rather you come to class another time.

**NEW for FALL 2010  
 Lower Prices for Packages**  
 10 Class Packages have a bigger discount!  
**(C) & (F) Classes now have a  
 5 Class Package Option**

785 7th Street (Corner Brush & 7th -- Free Offstreet Parking) Oakland, CA 94607 [www.KineticArtsCenter.com](http://www.KineticArtsCenter.com)  
 (510) 444-4800 [Info@KineticArtsCenter.com](mailto:Info@KineticArtsCenter.com)

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Youth Circus, Fitness & Dance Classes				Class Code
<b>Monday (closed Sept 6th for Labor Day)</b>				
Pre-Circus	Slater Penney	2yrs - pre-K	10am - 11am	<b>K</b>
Acrobatics (Acro)	Angelo Rodriguez	Youth / Interm-Adv	4pm - 6pm	<b>C</b>
Circus Kids - LEVEL 1 (Starts Sept 13th)	Paula Heather	5yrs - 6yrs	4pm - 5pm	<b>K</b>
Contortion	Ariana Ferber-Carter	Youth/ Beginner	6pm - 8pm	<b>C</b>
Contortion	Idanna Zharzhavskaya	Youth / Interm Adv	6pm - 8pm	<b>C</b>
Juggling for Everyone	Tyler Parks	All Ages / All Levels	6:30pm - 8pm	<b>F</b>
<b>Tuesday</b>				
<b>LOOK FOR MORE CLASSES TO COME ONLINE LATER IN THE SEASON.</b>				
<b>Some Adult Classes Run Simultaneously to</b>				
<b>Youth Classes -- You Get to Take a Class while Your Child Takes Theirs.</b>				
<b>Wednesday</b>				
Wee Circus	Slater Penney	18mo - 2yrs	9am-10am	<b>K</b>
Pre-Circus	Slater Penney	2yrs - pre-K	10am - 11am	<b>K</b>
Circus Kids - LEVEL 1	Cat Bodner	5yrs - 6yrs	3pm - 4pm	<b>K</b>
Circus Kids - LEVEL 3	Slater Penney	9yrs - 11yrs	3pm - 4:30pm	<b>M</b>
Circus Kids - LEVEL 2	Cat Bodner	7yrs - 8yrs	4pm - 5pm	<b>K</b>
Circus Spire - Level 2 & 3	Jaron Hollander	*By Audition Only*	4pm - 6pm	
Circus Kids - LEVEL 1	Slater Penney	5yrs - 6yrs	5pm - 6pm	<b>K</b>
Trapeze (Static), Rope & Tissue	Cat Bodner	Youth / Beginner	5:30pm - 7pm	<b>C</b>
Acrobatics (Acro)	Marina Karadjieva	Youth / Beginner	6pm - 7:30pm	<b>C</b>
Contortion	Idanna Zharzhavskaya	Youth / Interm Adv	6:00pm - 8pm	<b>C</b>
<b>Thursday</b>				
Pre-Circus	Paula Heather	2yrs - pre-K	3:30pm - 4:30pm	<b>K</b>
Circus Spire - 1	Jaron Hollander	*By Audition Only*	4:30pm - 6pm	
Trapeze (Static)	Staff Instructor	Youth / Mixed Level	4:30pm - 6pm	<b>C</b>
Acrobatics (Acro)	Angelo Rodriguez	Youth / Interm-Adv	6pm - 8pm	<b>C</b>
Trapeze (Static)	Staff Instructor	Youth / Mixed Level	6:30pm - 8pm	<b>C</b>
<b>Friday</b>				
Pre-Circus	COMING IN OCT	2yrs - pre-K	4pm - 5pm	<b>K</b>
Circus Kids - LEVEL 1	COMING IN OCT	5yrs - 6yrs	4pm - 5pm	<b>K</b>
Circus Kids - LEVEL 2	COMING IN OCT	7yrs - 8yrs	5pm - 6pm	<b>K</b>
Circus Spire 2 & 3	Jaron Hollander	*By Audition Only*	4pm - 6pm	
Partner Acro	Miguel Balderrama	Youth / Mixed Level	6pm - 7:30pm	<b>C</b>
Trapeze (Static), Rope & Tissue	Jaron Hollander	Youth / Interm-Adv	6pm - 7:30pm	<b>C</b>
<b>Saturday</b>				
Pre-Circus	Paula Heather	2yrs - pre-K	9am - 10am	<b>K</b>
Wee Circus	Gina Gargano	18mo - 2yrs	9am - 10am	<b>K</b>
Circus Kids - LEVEL 1	Paula Heather	5yrs - 6yrs	10am - 11am	<b>K</b>
Circus Kids - LEVEL 2	Paula Heather	7yrs - 8yrs	10am - 11am	<b>K</b>
Circus Kids - LEVEL 3	Gina Gargano	9yrs - 11yrs	10am - 11:30pm	<b>M</b>
Circus Spire - Levels 1, 2 & 3	Jaron Hollander	*By Audition Only*	12Noon - 2pm	
Trapeze (Static)	Cat Bodner	Youth / Beginner	12:30pm - 2pm	<b>C</b>
Trapeze (Static)	Meghan Miller	Youth / Interm-Adv	2pm - 3:30pm	<b>C</b>
Rope & Tissue	Jaron Hollander	Youth / Interm-Adv	2pm - 3:30pm	<b>C</b>
Aerial Hoop	Meghan Miller	Older Youth/ Adult / Beg	3:30pm - 5pm	<b>C</b>
<b>Sunday</b>				
<b>Schedule your next Birthday Party with us - Call 510-444-4800 to book today!</b>				

Adult Circus, Fitness & Dance Classes					Class Code
<b>Monday (closed Sept 6th for Labor Day)</b>					
Tai Chi	Bob Gotsch	Adult / All Levels	10am - 11am		<b>F</b>
Pilates Mat (begins 9-20)	Jessica McGee	Adult / All Levels	2pm - 3pm		<b>F</b>
Stretch & Tone	Michelle Cordero	Adult / All Levels	4pm - 5pm		<b>F</b>
Juggling for Everyone	Tyler Parks	All Ages / All Levels	6:30pm - 8pm		<b>F</b>
Open Gym - For Adults and Professionals	By Approval Only	Please Contact Us	11am - 4pm		<b>O</b>
Aerial Straps & Conditioning	Angelo Rodriguez	Adult / Mixed Levels	6:30pm - 8pm		<b>C</b>
<b>Tuesday</b>					
Rope & Tissue	Jaron Hollander	Adult / Beginner	1:30pm - 3pm		<b>C</b>
Injury Prevention Through Movement (NEW)	Christine Germain	Adult / All Levels	4pm-5pm		<b>F</b>
Hand Balancing	Jaron Hollander	Adult / All Levels	5pm - 6pm		<b>F</b>
Cirq IT™	Jaron Hollander	Adult / All Levels	6pm - 7pm		<b>F</b>
Flexibility for the Inflexible	Christine Germain	Adult / All Levels	6pm - 7pm		<b>F</b>
Acro Balance <i>Semi-Private Lesson</i>	Marina Karadjieva	Reserved	6:30pm - 7:30pm		
Rope & Tissue	Cat Bodnar	Adult / Mixed Levels	7pm - 8:30pm		<b>C</b>
Beginning Modern Dance	Abby McNally	Adult / All Levels	7pm - 8:30pm		<b>F</b>
Rehearsal - A Mused Collective	Abby McNally	Reserved	8:30pm - 9:30pm		
Open Gym - For Adults and Professionals	By Approval Only	Please Contact Us	11am - 4pm		<b>O</b>
<b>Wednesday</b>					
Cirq IT™	Jaron Hollander	Adult / All Levels	10am - 11am		<b>F</b>
Cirq IT™	Jaron Hollander	Adult / All Levels	3pm - 4pm		<b>F</b>
Trapeze(Static), Rope & Tissue - 1HOUR	Cat Bodnar	Adult / Beginner	7-8pm		<b>F</b>
<b>Thursday</b>					
Pilates Mat	Emily Park	Adult / All Levels	9:30am - 10:30am		<b>F</b>
Hand Balancing	Jaron Hollander	Adult / All Levels	5pm - 6pm		<b>F</b>
Acrobatics (Acro)	Jaron Hollander	Adult / Beginner	6pm - 7:30pm		<b>C</b>
Belly Dance (Beginner/All Levels)	Joanna "Hoda" Zweig	Adult / All Levels	7pm - 8:30pm		<b>F</b>
Open Gym - For Adults and Professionals	By Approval Only	Please Contact Us	11am - 4pm		<b>O</b>
<b>Friday</b>					
Rope & Tissue	Jaron Hollander	Adult / Beginner	11am - 12:30pm		<b>C</b>
Rope & Tissue: Technique & Act Development	Jaron Hollander	Adult / Intermediate	1pm-2:30pm		<b>C</b>
<b>Saturday</b>					
Cirq IT™	Jaron Hollander	Adult / All Levels	9am - 10am		<b>F</b>
Pay-What-You-Can-Community Yoga	Liz Maxwell	Adult / All Levels	10am - 11am		<b>F</b>
Open Gym - For Adults and Professionals	By Approval Only	Please Contact Us	2pm -5pm		<b>O</b>
Aerial Hoop	Meghan Miller	Older Youth/ Adult / Beg	3:30pm-5pm		<b>C</b>
<b>Sunday</b>					
Circus Conditioning & Fitness	Emily Park	Adult / Mixed Levels	5pm - 6:30pm		<b>C</b>
Aerial Technique	Emily Park	Adult / Intermediate	6:30pm - 8pm		<b>C</b>
Rehearsal - A Mused Collective	Abby McNally	Reserved	7pm - 9pm		

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**Kinetic Arts Center, LLC    785 7th St (Corner Brush & 7th - Free OffStreet Parking) Oakland, CA 94607 (510) 444-4800**  
**www.KineticArtsCenter.com    Info@KineticArtsCenter.com**